

THE OBSERVER

News We're All a Part Of



ON OUR WAY OUT



June 2018
Vol. 7 Issue 8

COLLEGE PACKING LIST
SUMMER EVENTS
SUMMER HACKS
SUMMER RECIPES
SENIOR DESTINATIONS



Cover Design: Josh C.
Graphic from icons8.com

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Dear Readers,

Welcome to the eighth, and this school year's final, edition of the *Observer*. We're on the brink of summer, and discussing topics such as s'mores, concerts, and ice cream will be sure to get you in the mood for this delightful season. Graduation, June 23, is getting closer every second, so we took time this issue to take a final look at senior destinations, and what they should pack for college. From all of the staff here at the *Observer*, we hope you have a wonderful, relaxing summer!!

Jessica Wallerson

Mission & Vision

News We're All a Part Of

It is our mission as the Alfred-Almond Observer to provide truthful, unbiased, and accurate information to the student body. Our goal is to deliver relevant stories focused on both informing and entertaining the Alfred-Almond community. We strive to promote a positive school climate and will use the Observer as a way to give all voices at Alfred-Almond a platform.

Observer Staff:

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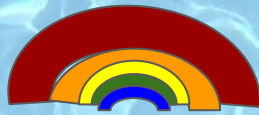
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Announcements

By Sophie Napolitano
Bee #5, Worker Bee

June 11
Last Day
of School!

June 12
Regents
Tests
Begin

June 23
Graduation
at 2:00 in
the gym

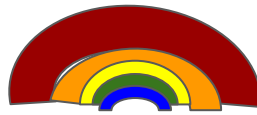
June 17
Father's
Day!

All of June
is National
Pride Month!

July 8
Summer School
& Driver's
Education
Begin

For more local
events check out
"Summer Fun" on
page 23

Hornell
Dodgers
Baseball
begins
June 1



Have You Heard the News?

Kaitlyn Cook
Design Team

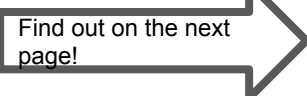
This year I have written articles focusing on current events around the nation and the world. I wanted to leave you with the resources to keep up with the news from unbiased sources in the future. I have learned over the past year why it is important to hear about the world around us. I hope that I have provided a good resource for reliable, unbiased information, and that you continue to keep informed about the world around you. Here are some reasons why it's important to keep up with the news:

- **Form your own opinions** - If you get your news from an unbiased source, which is a source that does not favor a particular political party, organization, group, or person, you can form your own opinions on that issue. Hearing the news from an unbiased source can help you talk intelligently to your peers about the issue, and even educate others.
- **Broadens your world view** - Hearing about stories from around the nation and world pulls you out of your shell and causes you to get to know about other cultures. This is especially important in a rural community, because we are not often exposed to customs that are different from our own.
- **It creates empathy** - Empathy is the ability to relate to the feelings of others. Hearing about the stories of others can help you understand different people's struggles. It can help you see the problems that other people have but that you might not face, and can cause you to better understand others.
- **Keeps you from being taken advantage of** - Hearing about the stories of other people's tragedies can help you be aware of the issues that are out there and can help you be on the lookout for warning signs. Reading the news can also help you learn how to determine if someone has a hidden agenda, which can help you protect yourself from manipulation.



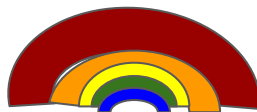
World Traveller
Our Earth has billions of people with billions of stories. The news can take you out of your comfort zone, and can teach you about customs, perspectives, and ideas that aren't your own.
Photo from pngmart.com

Finding a reliable news source can be tricky. It seems like nowadays everyone has their own agenda, and their own version of the truth. So how can you sort out the fact from the fiction?



How Biased Is Your Source?
This chart provides information on how reliable news sources are, and what their bias is. A larger version of this image can be found [here](#).
Photo from
allgeneralizationsarefalse.c
om

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3 ENGLISH CLASSES, 1 DECISION

BY: SAMANTHA QUICK

EDITOR IN CHIEF

At Alfred-Almond, our seniors have the opportunity to take three different types of English: Journalism, AP Literature, and American/Foreign Film. This is a hard decision for some to make that eventually ends up with them choosing the easiest one they think there is. The easiest class for some is different for others. Our guidance counselors also help students decide by assessing your strengths and weaknesses while keeping your goals for after school in mind. According to Mr. McAneney, your schedule also dictates what English class you are in and suggests that you ask yourself the following questions while choosing an English elective. “Do I read well? Do I write well? Do I work well with others? Do I enjoy watching films?” By answering these questions you will be off to a good start in your scheduling. Here is some background information for you to help answer those questions.

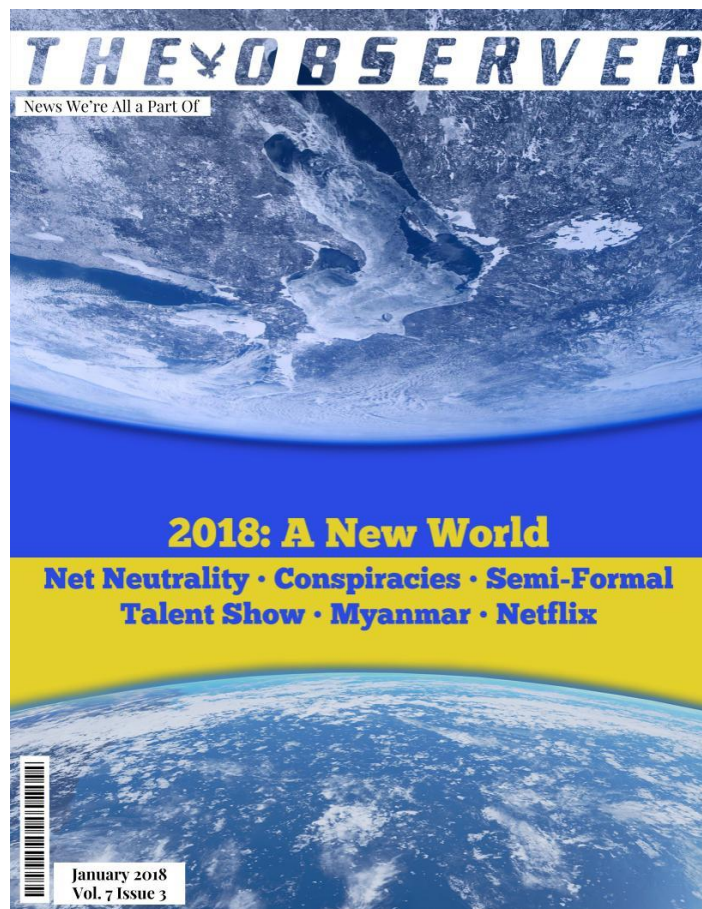
JOURNALISM

Journalism in high school comes with many different questions. What is journalism? Should I take journalism? According to the American Press Institute, “journalism is the activity of gathering, assessing, creating, and presenting news and information.” According to our school handbook, Journalism class is a way to prepare students for college level writing while working on their researching, reporting, writing, and editing skills. Each month, a school-wide newspaper is published entitled *The Observer*. Each student produces an article to be published while working on a tight deadline. According to Kaitlyn Cook, a good tip is to “Write about what you're passionate about, it makes for better articles.” This class is good for you if you enjoy writing, working in a group on a team project, researching, and editing your fellow classmates articles. Our Journalism class is a full year course taught by Ms. Backer, spending time in both her room and an available computer lab.

Journalism Team

Over the year the journalism team has grown and shrunk but we survived. We all bonded over our articles and time we spent together. This class is for you if you work well with others or if you want to improve your teamwork skills.

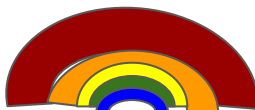
Photo courtesy of Ms. Backer



Her Favorite Cover

Of all the covers printed during this volume of The Observer, Kaitlyn Cook chose the January issue as her favorite. She said it was her favorite because “it looks cool ... and it was also my idea.”

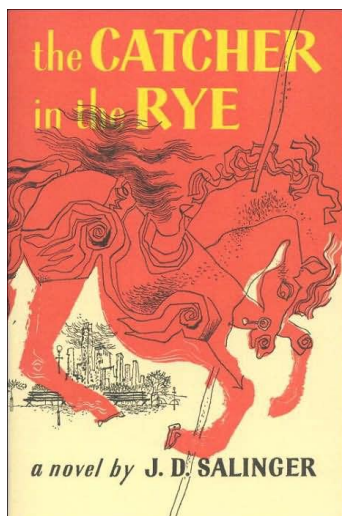
Cover made by Josh Carstens



AP LITERATURE AND COMPOSITION



According to the Course Handbook, AP Lit. and Comp. is a class to prepare students for the AP test in May while focusing on a few different topics throughout the year. These topics include writing essays on aspects of literature, writing essays from past AP exams, and focusing on the analysis of literary text. The teacher next year for AP Literature and Composition is Mr. Brady. According to student Emelia Enke, a good tip for upcoming seniors is “to read ‘Crime and Punishment.’” She suggests this because it is one of the summer reading books, and people who say they are going to take it don’t read the book and end up dropping the class. The book is a good introduction to the ideas that will be covered throughout the course and year.



“The Catcher in the Rye”
When I asked Emelia what her favorite book from the course was, she said “The Catcher in The Rye.” The book, written by J.D. Salinger, was first published in 1951 it tells a story about a teenager’s struggle through life.
Image from thoughtco.com

FOREIGN/AMERICAN FILM



The majority of the current senior class is in Film this year. If you are a student in BOCES or a related class, you have to take film due to scheduling reasons. According to the Course Handbook, Film is a class used to “expand a student’s critical thinking, academic research, and writing while analyzing films.” After each film, a quiz follows, and every four weeks a paper is due on a film from the past three weeks. According to student Katy Dixon, a good tip for Film is to “take notes during the movies and STAY AWAKE.” The Film course is Foreign Films the first semester (the first and second marking period) and American Film the second semester (the third and fourth marking periods), with Mr. Brady as the teacher as well.

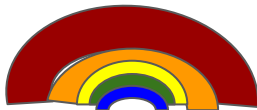


“Badlands”
Katy Dixon told me that her favorite movie from the year was either “Badlands” or “Caged.” The movie “Badlands” is based on a true story of teenage girl setting off on a killing spree with her boyfriend all over South Carolina.
Image from pinterest.com

IN CONCLUSION



I hope this information will be helpful to you with your decision. Don’t forget to ask yourself those questions to help aid you in your decision with what English class is right for you. If you like to watch movies and analyze them you should take **Foreign/American Film**. If you are good with working in a group as well as writing, editing, researching, and producing literary works, you should take **Journalism**. If you like to read and prepare for college English classes, you should take **AP Literature and Composition**. For more information talk to Mr. McAneney, Mrs. Decker, Mr. Brady, Ms. Backer, or the Course Handbook. For a copy of the Course Handbook, click [here](#).



With this school year coming to a close, I like to view it not as the end, but as the beginning of something new. For some of us, this may mean college or entering the workforce, while to others it may mean the beginning of their senior year or moving up to the next grade. Some may view it as the beginning of summer, while others may see it as the beginning of their adulthood. The one thing that interconnects these changes is the growth we experience as we begin our next journey in life. We are constantly learning new things and applying them in future situations, whether or not we even realize it. While we may not remember learning how to talk, run, and yes, even study, we do these things everyday, but not only that, we also improve upon them all of the time. This concept applies to everything we do and everything we will ever do.

We are all imperfect people, but that is not a bad thing. There is no such thing as perfection, there is no perfect person, and trying to achieve it will only leave you seeing the negatives rather than the positives about yourself. So, rather than judging yourself and others based on their faults, open your eyes to the good in people and yourself. Rather than rejecting others, accept them for who they are, for we are all human, all different, and all imperfect. One person who has had a major impact on the growth of their students came to mind instantly when deciding who to interview for my last article in journalism. So now, for the final time, I challenge you to **figure out who is on the other end of this Q and A.**

Q: What are three interesting facts about you?

A: I don't think I am all that



interesting; however, I can play multiple instruments, one of them is the accordion. I have been across the country more than once. I can frost wedding cakes and like to sing.

Q: What is your favorite music genre?

A: I like religious music and soft rock

Q: Who is your favorite musical artist?

A: Billy Joel

Q: What is your favorite book genre?

A: Sci Fi and Fantasy. There is nothing better than an ogre crunching off someone's head

Q: What is your favorite book?

A: *Good Night, Mr. Tom*

Q: What is your favorite movie genre?

A: I don't have a favorite movie genre, but I like comedies better than tragedies.

Q: What is your favorite movie?

A: No favorite

Q: Where did you attend high school?

A: Hornell, before it was a sports complex

Q: What was your favorite class in high school?

A: Chorus and Music theory

Q: Where did you attend college?

A: SUNY Geneseo

Q: What was your favorite class in college?

A: My teaching classes were fun, and I took a defense class and a theater class with stage fighting, those were fun too.

Q: Did you play any sports in highschool or college?

A: I ran about 16 miles every day in college, but not on a team.

Q: What jobs did you have prior to this one?

A: I have been a waitress (but apparently you are supposed to be nice to people). I have cleaned the terminally ill ward in the hospital. I have run the shrink wrap machine for Hickory Farms. I have worked at a library. I have been a telephone operator. I have been a teacher at Geneseo Central School

Q: What job would you be terrible at?

A: Counseling

Q: What job do you think you'd be really good at?

A: Editor

Q: Why did you decide to do the work you are doing now?

A: I have known since 7th grade I wanted to be a school teacher. School was always a safe comforting place for me. I have always loved school.

Q: If all jobs had the same pay and hours, what job would you like to have?

A: Teacher

Q: When did you meet your significant other?

A: At my brother's house



Word Wall *With so many words to remember and finals approaching, this teacher decided to create a display of vocab words with their students. Photo courtesy of Morgan Giglio*

Q: When did you get married?

A: June 29th

Q: How many children do you have?

A: 2

Q: What would you say your biggest accomplishments are?

A: Hiding bodies without a trace

Q: Would you rather read an awesome book or watch a good movie?

A: Book

Q: Would you rather live one life that lasts 1,000 years or live 10 lives that last 100 years each?

A:10 lives



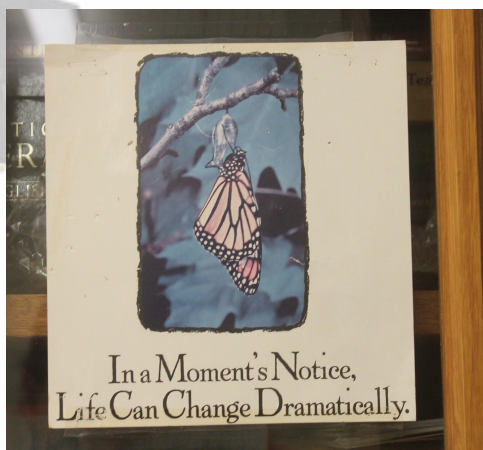
No Excuses *This sign is proudly hung upon this teacher's wall to let students know that excuses are not tolerated in their classroom. Photo courtesy of Morgan G.*

Q: Would you rather have a dragon or be a dragon?

A: Be a dragon

Q: Would you rather be Batman or Spiderman?

A: Spiderman



Words of Wisdom *A small poster with such a powerful message that this teacher feels is important for students to take into consideration. Photo courtesy of Morgan G.*

Q: Would you rather be a kid your whole life or an adult your whole life?

A: Adult

Q: Would you rather go back to kindergarten or senior year?

A: Senior Year

Q: Would you rather spend the day with your favorite athlete or your favorite movie star?

A: Athlete, my children

Q: Would you rather live where it is constantly winter or where it is constantly summer?

A: Winter

Q: Would you rather be 4'5" or 7'7"?

A: 4' 5"

Q: Would you rather spend the day at an amusement park or lazing on the beach?

A: Amusement Park

Q: Would you rather be locked in an amusement park or a library?

A: Library

Q: Would you rather be given a lifetime supply of delicious food or books?

A: Since they are delicious books:
books.

Q: Would you rather be known as a one-hit wonder for a novel or a song?

A: Novel

Q: Would you rather own your own boat or your own plane?

A: Boat



Who's behind door #7? Find out which faculty member it is on page 41!

Photo courtesy of Morgan G.

By: Maya Racho

Pride For All

The month of June is nationally recognized as Pride Month, specifically LGBT (lesbian, gay, bisexual, transgender) pride. But where did this pride stem from, and why in the month of June? To answer these questions, I explored the history behind LGBT pride and what LGBT events are held around the world today. While reading, it is my hope that everyone can come away more open-minded and informed about the beauty and diversity of the people in our world today - please enjoy!

Where It All Began

The Stonewall Riots were the beginning of a monumental awakening for the LGBT community. On June 28, 1969, the Stonewall Inn in New York City was raided by police officers for operating without a liquor license. Although the police's break-in was technically justified, law enforcement frequently targeted gay clubs and establishments for raids. After barging into the club, employees and customers were dragged into the streets and arrested. This event sparked protests that occurred for the next six days. Activists took to the streets where the bar was located, and in nearby Christopher Park. Individuals were truly fed up with the treatment of the gay community; it was time for change. These protests inspired shifts around the United States and the world.

The Stonewall Riots are frequently referred to as the first major protest for equal rights for homosexuals. But LGBT individuals still had a long way to go. One New York criminal statute called that individuals wear three gender appropriate articles of clothing. If seen breaking this law, people were taken into custody. Though the law seems ridiculous now, it was strongly enforced in the 1960s and 70s. With some momentum from the protests, the Gay Liberation Front (GLF) was formed along with other LGBT organizations. The GLF's mission from then on was a total transformation of society, with specific goals such as the introduction of homosexual marriage and an opposition to sexism, consumer culture, militarism, and racism.

Many faces come to mind when thinking of LGBT pride, but one in particular stands above all, Brenda Howard, the "Mother of Pride." Brenda organized the first ever gay pride parade. On the one year anniversary of the Stonewall Riots, Brenda orchestrated the Christopher Street Liberation Day March. This was the first pride parade march in the entire world. Continuing into the late 1980s, Brenda, along with others, founded the New York Area Bisexual Network (NYABN). According to nyabn.org, the NYABN "serves as a central communications network for Bisexual & Bi-Friendly Groups and Resources in all five boroughs of NYC and the surrounding Tri-state area."

Unfortunately LGBT pride still has obstacles today. In 2009, during Barack Obama's first year of presidency, he declared June national pride month, and continued this for the next seven years. But in 2017, when Donald Trump was inaugurated, he ended this, and four other Obama-era proclamations. (Trump also discontinued Prevention Month, National Building Safety Month, National Colorectal Cancer Month and National Teen Dating Violence Awareness Month.) However, this presidential decision will not deter LGBT groups. More than 100 events are being held around the world in June to celebrate and fight for LGBT pride.



A "Spark" For Change
The Stonewall Riots are seen as the first civil rights movement for LGBT groups. LGBT supporters rallied for equality the day after the Stonewall Inn was raided.
Photo from history.com

By: Maya Racho

Pride For All

What Is LGBT Pride?

As stated earlier, LGBT stands for lesbian, gay, bisexual and transgender. Throughout U.S. history, LGBT groups have experienced immense amounts of oppression, discrimination, and opposition. In the past, if an individual were to come out as a homosexual, it was greatly frowned upon by homophobic groups. It wasn't until the Stonewall Riots that this group received more recognition and support. To have LGBT pride simply means that you support individuals of these groups and will fight for their equality, too. In the Declaration of Independence, it clearly states that all men are created equal, but in history, some groups have had to fight more for this equality - one of them LGBT groups. Unfortunately LGBT individuals aren't always seen as completely equal. There are still anti-groups present in America today, but with continued support and recognition, equality is very close. The moral pillars of our country are founded upon the idea that everyone is equal and welcome, and if we continue to keep this mentality, equality is not far.

Events Around the World Today:

Gay Pride Calendar:

<https://www.igltta.org/gay-pride-event-calendar/>

(There are a lot more events than you think!)

NYC Pride:

<https://www.nycpride.org/events/the-march/>

One of the biggest pride celebrations in the world takes place in New York City on Sunday, June 24. Due to so many participants, registration is already closed, but everyone is welcome to observe. Marchers will start on 7th Avenue and 16th Street and march throughout the city. Here is a map of the march:

<https://s3.amazonaws.com/nyc-pride/wp-content/uploads/2016/03/2018MarchRouteMap.pdf>.

In the 2017 Pride March, more than 110 floats, numerous political activists and many small and large businesses participated. This year, participants are hoping the make the march even bigger, with pride grand marshals such as: Billie Jean King, Lambda Legal, Tyler Ford, and Kenita Placide. The march will be broadcasted on ABC7 from 12 p.m. to 3 p.m. on June 24.

World Pride:

Gay pride isn't just limited to the United States; all around the world different events are held.

<https://metrosource.com/list-of-pride-2018-celebrations-around-the-world/>

Capital Pride:

<https://www.capitalpride.org/celebration-2018/>

The Washington D.C. pride march focuses on the hashtag #elementsofus. #elementsofus explores the diversity and complexity of the people in our world, and how everyone is beautiful and should be celebrated. The parade will be held on June 9th and other events are held between June 7 and 10.

Los Angeles Pride Week: <https://lapride.org/>

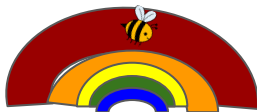
LA pride week is from June 1-10, 2018, with the parade taking place on June 10. This pride march uses the hashtag #ownyourpride, which is used to provide a spotlight for the individuals who have been fighting for equality their entire lives.



Last Year's March

In 2017, more than 40,000 people marched for LGBT equality. Some "pride favorite" songs that played during the march included "Born This Way" by Lady Gaga and "Dancing Queen" by ABBA.

Photo from timeout.com



Goodbye, Farewell pt. 2

In last month's issue, an overview of Alfred-Almond's 2018 senior destinations was provided. To find out more about what my classmates would be doing after graduation, I interviewed a number of seniors asking them: Are you going to college, or the workforce? What major are you going to pursue, or what profession are you going to enter, and where are you going to work? I also asked what goals they had for their first two semesters of college, or for the job that they will be working.

By
Attilo Cushing
BG: Worker Bee

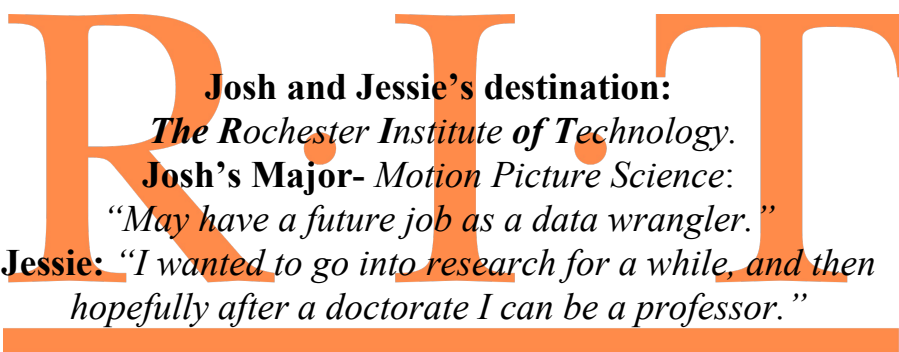
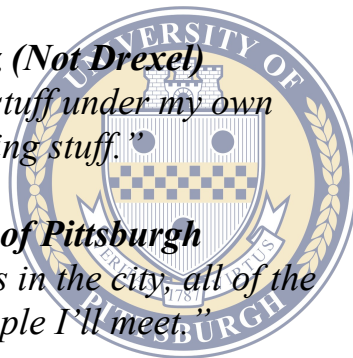
Duncan's Destination: New Paltz (Not Drexel)

Goal: "Open a store one day and sell stuff under my own management...like skateboarding stuff."



Sophie's Destination: University of Pittsburgh

"I'm excited for all of the new experiences in the city, all of the new clubs I'll join and the new people I'll meet."



Josh and Jessie's destination:

The Rochester Institute of Technology.

Josh's Major- Motion Picture Science:

"May have a future job as a data wrangler."

Jessie: "I wanted to go into research for a while, and then hopefully after a doctorate I can be a professor."

Gavin and Roni's Destination: SUNY Alfred State

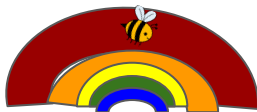
Roni's Major: Architectural Technology

"It's not that far away which is good because I'm a person that likes to be close to home."

Gavin's Major: Network Administration

SUNY College of Technology





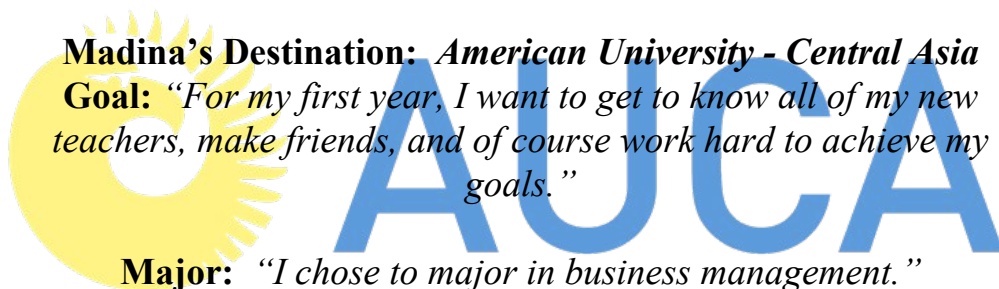
Goodbye, Farewell pt. 2



Madina's Destination: *American University - Central Asia*

Goal: *"For my first year, I want to get to know all of my new teachers, make friends, and of course work hard to achieve my goals."*

Major: *"I chose to major in business management."*



Hudson's Destination: *Hampshire College*

Major: *"There are no majors, or grades at Hampshire College. Ask Hudson to find out more if you are interested!"*

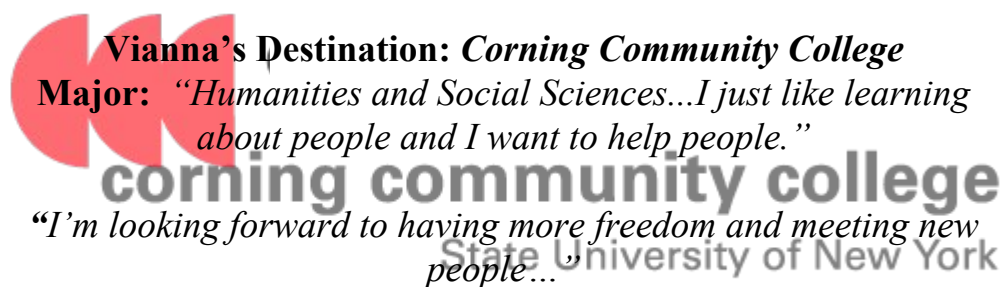
"What I liked most about Hampshire is that it lets me create all of my own stuff, and it's all about learning through experience..."



Vianna's Destination: *Corning Community College*

Major: *"Humanities and Social Sciences...I just like learning about people and I want to help people."*

"I'm looking forward to having more freedom and meeting new people..."



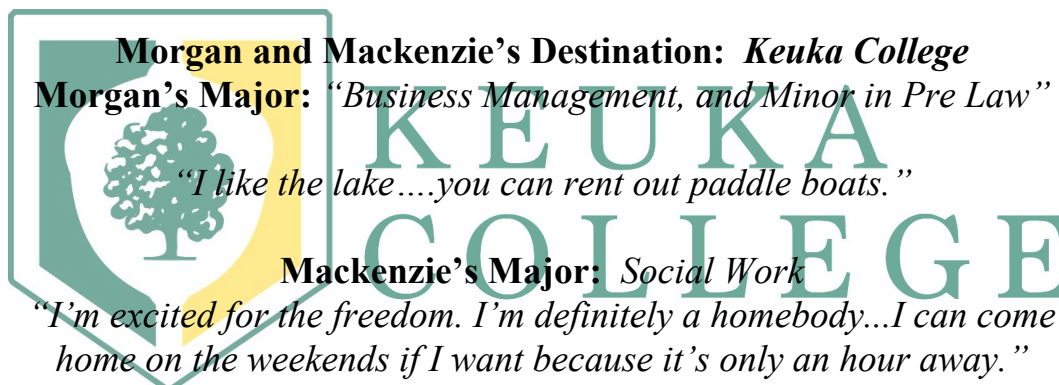
Morgan and Mackenzie's Destination: *Keuka College*

Morgan's Major: *"Business Management, and Minor in Pre Law"*

"I like the lake....you can rent out paddle boats."

Mackenzie's Major: *Social Work*

"I'm excited for the freedom. I'm definitely a homebody...I can come home on the weekends if I want because it's only an hour away."





Goodbye, Farewell pt. 2



Garrett's Destination: *SUNY Alfred State*
Major: *Graphic Design*

Goal: *"My main goal is to be great at what I do, I won't settle for being called a 'good' designer. I set high expectations and goals for myself and I will do anything to reach those marks."*

SUNY College of Technology

Emelia's Destination: *Alfred University*
Major: *"I chose Ceramic Engineering as a major. I have always wanted to be an engineer, and I'm super interested in the properties of materials."*

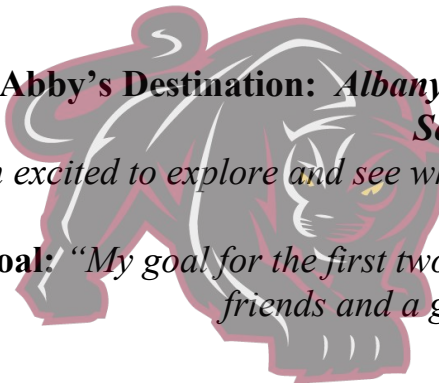
"I chose my college because it is one of the best schools for what I want to go into. It allows me to get out of college debt free."



Abby's Destination: *Albany College of Pharmacy and Health Sciences*

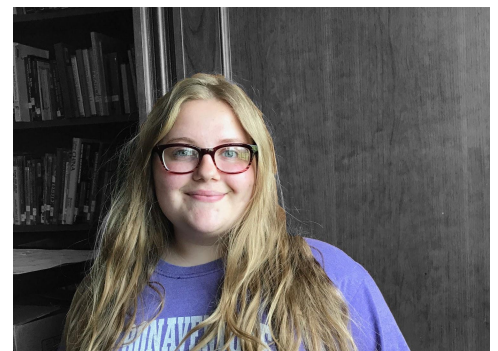
"I'm excited to explore and see what new foods are available there!!! :)"

Goal: *"My goal for the first two semesters is to find a good group of friends and a great spot to study."*



Mariah's Destination: *Jamestown Community College*
Major: *"Individual Studies with a focus on occupational therapy"*

"I wanted to do something in the healthcare field because I like interacting with people and want to help people live their lives to the fullest."





Goodbye, Farewell pt. 2



Julia's Destination: *Nazareth College*

Major: *Physical Therapy with a minor in psychology..*

"I chose Naz because the people there were all really friendly."

Alyssa's Destination: *Ithaca College*

Major: *Occupational Therapy*

Goal: *"I want to make a difference in people's lives."*



Maeghan's Destination: *Le Moyne College*

Major: *Biology with the Pre-Med track*

Goal: *"My goal is to become a cardiothoracic surgeon"*

Wendy's Destination: *SUNY Alfred State*

Major: *Radiology*

Goal: *My goal for the first two semesters is to study hard and do well in all of my classes."*



Jacob's Destination: *SUNY Alfred State*

Major: *Machine Tool Technology*

"I chose machine tool technology because it is a good skill to have, and I will be in high demand when I'll be getting out of college."

SUNY College of Technology

Matt and Emily's Destination: *SUNY Alfred State*

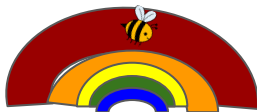
Matt's Major: *Construction Management*

Emily's Major: *Radiology*

"It seemed like a fun career to pursue, so why not?"

SUNY College of Technology





Goodbye, Farewell pt. 2

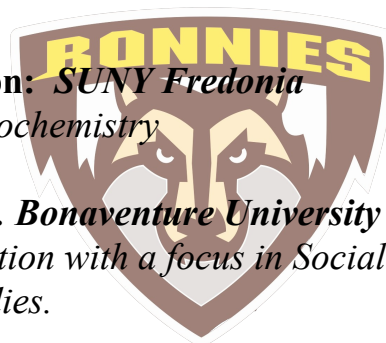


Kaitlyn's Destination: *SUNY Fredonia*

Major: *Biochemistry*

Katlyn's Destination: *St. Bonaventure University*

Major: *Secondary Education with a focus in Social Studies.*



Attilo's Destination: *George Washington University*

Major: *Mechanical Engineering*

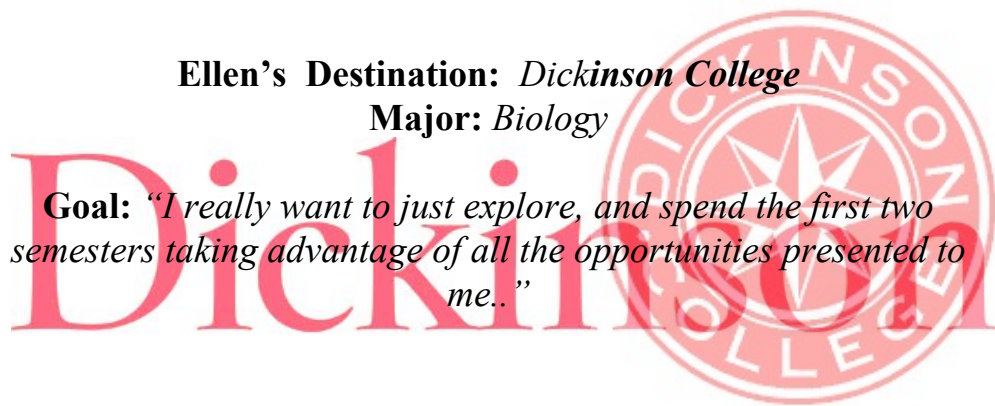
"I chose George Washington University because of the location. I am excited to experience the city, and all of the opportunities it holds."



Ellen's Destination: *Dickinson College*

Major: *Biology*

Goal: *"I really want to just explore, and spend the first two semesters taking advantage of all the opportunities presented to me.."*



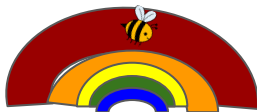
Evan's and Jacob's Destination: *Employment*

Evan: *"I'm going to join the carpenters union and work after I graduate."*

Jacob: *"I will be working at Hi Tech where I will spray paint parts before they are shipped out."*

Image from jecec.com



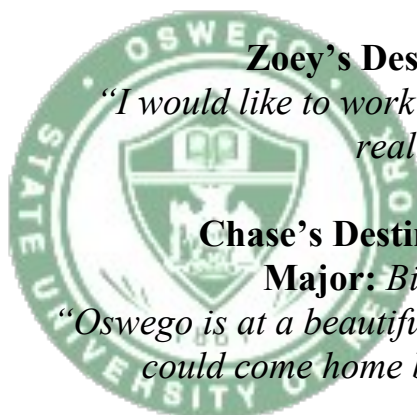


Goodbye, Farewell pt. 2



Zoey's Destination: U.S Army

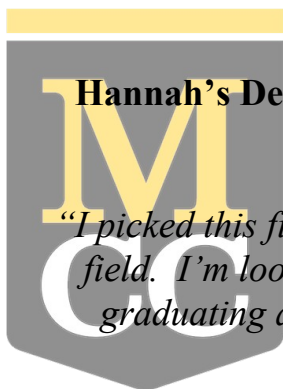
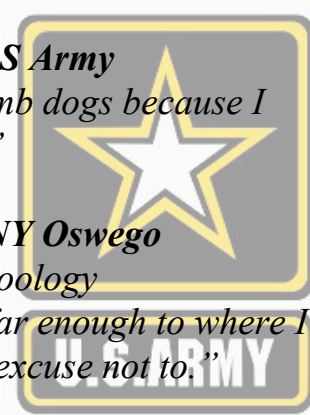
"I would like to work with the bomb dogs because I really like dogs"



Chase's Destination: SUNY Oswego

Major: Biology and Zoology

"Oswego is at a beautiful location, far enough to where I could come home but have an excuse not to."



Hannah's Destination: Monroe Community College

Major: Radiology

"I picked this field because I wanted to go into the health field. I'm looking forward to being one step closer to graduating after finishing my first two semesters. "



Destination: State University of New York at Buffalo
Major: Business Administration, then a focus on marketing.

"When I first saw UB I thought it was cold and big, but I'm excited for all of the food, especially Moe's because I like Moe's."



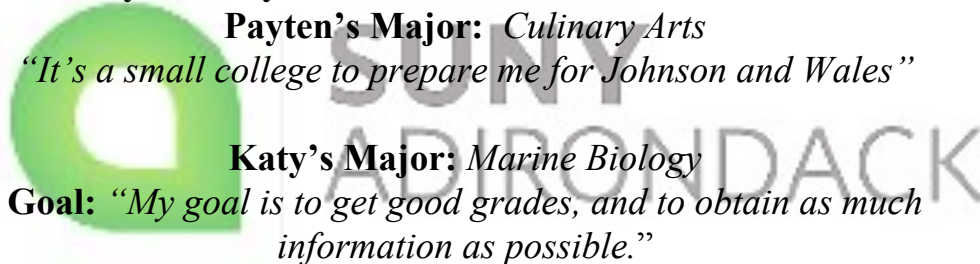
Katy and Payten's Destination: SUNY Adirondack

Payten's Major: Culinary Arts

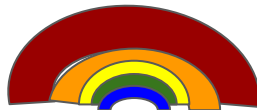
"It's a small college to prepare me for Johnson and Wales"

Katy's Major: Marine Biology

Goal: *"My goal is to get good grades, and to obtain as much information as possible."*



All photos courtesy of Attilo C.



Are you Really Ready for College?

Duncan Bryant-Carty: PR Manager/DJ Don

To all the graduating seniors out there, congratulations!! We made it to the end of the year and before you know it, fall will be upon us. For those of you going away to college, that means it's time to move out! This can be a very stressful time for undergraduates, and one of the most stressful things can be packing for the next step. I reached out to various college students about things they didn't think they would need when packing, and things they thought they would need but actually didn't. I spoke to Alfred-Almond graduates Parker Bryant-Carty, Jaesuk Lee, Levi Bayus, Jack Castle, Abbey Swackhamer, Aidan Looney, and Mariah Hann. Below is a checklist of items that soon-to-be college students can use when packing for college to make sure you don't over - or under - pack for your next adventure. The responses provided by the college students are in **bold**.

Necessities/Bedding:

- ☐ **Bike**
- ☐ **Skis**
- ☐ **Money**
- ☐ **Uber/Venmo gift cards**
- ☐ Bed sheets
- ☐ Comforter
- ☐ Pillows
- ☐ Pillow cases
- ☐ Blankets
- ☐ Mattress pad
- ☐ Sleeping bag
- ☐ Mini trash can
- ☐ **Multiple fans**
- ☐ Night lamp/desk lamp
- ☐ Alarm clock
- ☐ Umbrella
- ☐ **Tool kit**
- ☐ Storage bins, under-bed and normal
- ☐ Bulletin board/push pins
- ☐ Wall calendar
- ☐ Picture hangers

Kitchen Items:

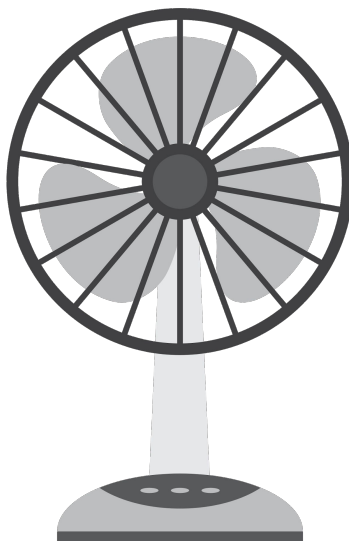
- ☐ Paper towels
- ☐ **Tissues**
- ☐ Trash bags
- ☐ Plastic storage bags/food-storage containers
- ☐ All-purpose cleaners
- ☐ Dish soap
- ☐ **Snacks**
- ☐ **Popcorn bowl**
- ☐ **bowl/plate/cup**
- ☐ **Silverware**
- ☐ Water bottle
- ☐ can/bottle opener

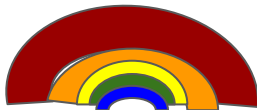
Electronics:

- ☐ Laptop/charger
- ☐ USB drive
- ☐ HDMI cord
- ☐ Portable speakers
- ☐ Headphones
- ☐ Extension cord
- ☐ Powerstrip
- ☐ Camera/charger
- ☐ **Multiple phone chargers**
- ☐ Phone

School Supplies:

- ☐ Stapler/staples
- ☐ Pens/pencils
- ☐ Pencil holder
- ☐ Pencil sharpener
- ☐ Notebooks
- ☐ Folders
- ☐ Sticky notes
- ☐ Paper clips/rubber bands
- ☐ Tape
- ☐ Scissors
- ☐ Highlighters
- ☐ Ruler
- ☐ Backpack





Packing List Cont'd...

Toiletries:

- ☐ Aspirin/pain relievers
- ☐ Necessary medicine
- ☐ Bandages/band aids
- ☐ Flip flops
- ☐ Shower caddy
- ☐ Shower products (shampoo, soap)
- ☐ Face moisturizer/lotion
- ☐ Hair products
- ☐ Comb/brush
- ☐ Hair straightener/dryer/curling iron
- ☐ Tooth paste
- ☐ Toothbrush
- ☐ Dental floss
- ☐ Tweezers
- ☐ Nail clippers
- ☐ Shaving equipment
- ☐ Cotton swabs

Clothing:

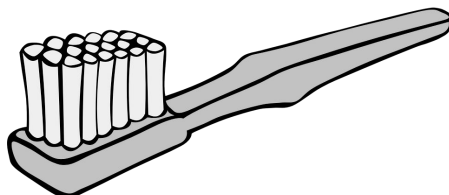
- ☐ **Not a lot of clothes**
- ☐ Socks
- ☐ Underwear
- ☐ Pants/jeans
- ☐ Shirts
- ☐ Sweats/Sweatshirt
- ☐ Pajamas
- ☐ Heavy/light jacket
- ☐ Scarf/hat
- ☐ **One pair of nice clothes**
- ☐ Boots
- ☐ Walking shoes
- ☐ **Mittens**
- ☐ Swim suit
- ☐ Dress shoes

Laundry:

- ☐ Laundry drying rack
- ☐ Towels
- ☐ Clothes hangers
- ☐ Laundry basket/bag
- ☐ Laundry detergent
- ☐ Stain remover
- ☐ Fabric softener

Shared Items (with roommate(s)):

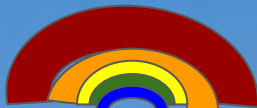
- ☐ TV
- ☐ DVD player
- ☐ Mini fridge
- ☐ Rug
- ☐ **Hammock**
- ☐ Posters/Art
- ☐ **Minimal room decorations**
- ☐ Coffee maker/hot pot/microwave (if allowed)



This list is easy to print if you did find it helpful. I compiled this checklist of college items from various sources. Below are the links to the original checklists I used; feel free to check them out if my list is unsatisfying!

Hercampus.com
Collegepackinglist.com
Collegeboard.org





Climbing Mt. Fuji

By Abigail Hendee
Editor in Chief

A great destination for a summer adventure is Mt. Fuji, Japan. Mt. Fuji is known as one of the most sacred and alluring spots in Japan. The prime time to climb Mt. Fuji is generally in the summer, from July to August. From base to peak, it's 3,776 meters, and there are four paths to choose from. The most common trail is Yoshida Trail; it gives the best view of the five Fuji lakes (10 hours). The second most common trail is Fujinomiya Trail; it's the fastest by time, but the steepest way up (8 hours). Subashiri Trail starts lower than the other trails, but has a relaxing forest walk in the beginning (9 hours). The longest trail, Gotemba Trail, is not recommended to inexperienced hikers due to the long length and amount of time it takes to hike (10 hours). In case you get tired on the trip, there are places to stop on each trail.

Along the way, there are 10 rest stops where you can purchase snacks. The journey starts on the fifth station and there are different rest stops for each trail. Many snacks are seasonal and are local delicacies. The rest stops are seen as nice and relieving, however, restrooms aren't free. The price increases with the altitude, so it's best to take 200-300 yen in coins (\$1.81 - \$2.71). If altitude sickness is a problem for you, it's best to spend a minimum of 20 minutes at each stop to recuperate.

There are cabins at some rest stops that you can stay in, but you have to reserve them ahead of time for 6,000 yen, which is roughly \$54. If you are considering trying to arrive for the sunrise, which is called **goraiko** when viewed from Mt. Fuji, you should leave at night. Also, it's best to pack well for this journey as it takes great endurance and preparation.

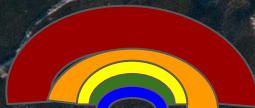
Due to the rocky terrain, it's recommended to wear real hiking boots, not just sneakers. Warm clothing is also important because once you start increasing altitude, the temperature will drop. To help with this, bring heat packs or hand warmers. The temperatures are seen to be around -10°C/15°F.



Stamp for a Stick!

At the seventh station, this traveler decided to get her stick stamped to commemorate her journey!

Photo from lifetoreset.wordpress.com



The weather on the mountain is also quite unpredictable, so bringing some rain gear is recommended. Water and food are especially important for hiking; the suggested amount of water to pack for a Mt. Fuji hike is 2 liters. There are no trash cans at any rest stops, so consider bringing a refillable water bottle to reduce waste. Snacks are important if you don't feel like purchasing food from stops. Taking a flashlight with you is also a good choice if you plan on hiking at night time or around dawn. It's good to also be cautious if you get altitude sickness. If you are prone to getting altitude sickness, bringing compressed oxygen isn't a bad idea. If you forget to pack some, they sell it at the fifth stop. As you get closer to the sun, bringing sun block will help prevent burns, and sunglasses will protect your eyes. A walking stick is nice to bring because at each station it costs roughly \$2 to brand a symbol into it. By the end of the journey, the walking stick with all the symbols creates a great souvenir to remember the trip. They also sell the wooden walking sticks at the fifth stop.



Options for Breaks!

The menu at the eighth station. The list varies from warm meals and drinks to useful items like rain coats!

Photo from lifetoreset.wordpress.com



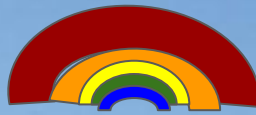
Sunrise on the Summit

The view from the top of Mt. Fuji of the sun peeking over the horizon is an unforgettable scene.

Photo from lifetoreset.wordpress.com

At the summit of this beautiful mountain, there is a breathtaking view where you are above the clouds. Finishing this climb gives the gift of a great accomplishment and pride. At the top, the weather tends to be very windy and unpredictable, but it's worth it to see the view and experience the adventure. At the summit, there are two shrines, Kusushi and Okumiya shrines. Kusushi shrine is dedicated to the Buddhist goddess Fuji, and Okumiya shrine is for good fortune. You can also enjoy warm ramen at a restaurant, and visit a gift shop with postcards! There is a functioning post office that you can send your postcards from. As Mt. Fuji is also a volcano, it's a good idea to check out the crater trail (1 hour). After enjoying a nice warm meal and taking in the view, the next part is descending the mountain.

When coming down Mt. Fuji, it may feel like it's a long time, but it actually takes half the amount of time it takes to ascend. While descending, sun gear is important because the aspects of summer will return quickly, and it's going to be hot and bright.



It's also important to keep your face safe from the dust, as it can be annoying to wash off when returning home. After returning from the adventure, many climbers state that the preparation, hard work, and time spent was worth the experience.



The View Attracts a Crowd!

Many people spend some time at the top of the mountain to rest and take in what they've accomplished after viewing the sunrise.

Photo from lifetoreset.wordpress.com

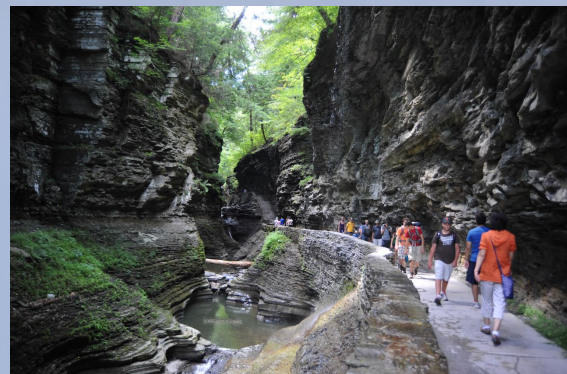
Even though many of us don't have our own Mt. Fuji in our backyard to climb this summer, there are still places to hike in our area! Around where we live, there are the Finger Lakes Trails. These go all throughout Western New York, from Niagara Falls to the Catskill Mountains, and are accessible near Kanakadea Park. Another popular hiking spot in the state is in the Adirondack Mountains. All around us there are opportunities to get outside and explore this summer; you may even have an adventure in your own backyard!



Hikers at Night!

Groups of hikers begin in the evening to arrive the next morning for the sunrise, but some also travel in the morning to reach by the evening. Either way, the experience is still amazing.

Photo from luggagetagtravels.com

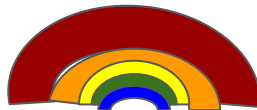


Beauty in New York State!

Even though Mt. Fuji is a memorable experience, you can find a similar one in Western New York. The Finger Lakes Trail runs through the beautiful

Watkins Glen Park supplying the hikers with refreshing views full of nature.

Photo from ptnyenews.wordpress.com



Local Summer Fun!

By : Sophie Napolitano
Bee #5; Worker Bee



Hornell Dodgers

Go support the Hornell Dodgers this summer by attending some baseball games in Maple City Park, Hornell, NY. The Dodgers were the 2017 New York Collegiate Baseball League Champions. Hopefully they will be able to keep the momentum moving forward and have another successful season. Their season begins on **June 1**; come check out the team! For their schedule or more information, visit hornelldodgers.com.



Darien Lake Concerts

While Darien Lake is home to one of New York's top theme parks, it also hosts many incredible concerts during the summer. Some artists you may recognize include Kendrick Lamar, Zac Brown Band, Niall Horan, Post Malone, and many more. This outdoor venue is a great place to enjoy live music in the summer. For more information go to darienlake.com/concerts or check out Veronica Morsman's article on page 24 in this issue of *The Observer*.



MostArts Festival

The MostArts Festival is held on Alfred University's campus, every year, from **July 8-14**. The goal of the program is to bring members of the community together to enjoy and appreciate the arts. There is so much to see, from a world class orchestra to a youth pianist competition to ceramic workshops instructed by internationally recognized artists. This event showcases culture right in our backyard. For more info, visit mostarts.alfred.edu.



Wellsville Balloon Rally

This year will mark the 43rd annual Balloon Rally! Held in Wellsville, NY, from **July 20-22**, come see over 40 balloons launch into the air. The sky fills with vibrant colors and unique shapes; like fish and clowns. In addition to the balloons, there will also be food trucks, various vendors, and local live musicians performing. For more information about the festival or balloon ride opportunities, visit The Wellsville Balloon Rally Facebook page.



The Tough Mudder

Challenge your strength this summer by participating in the Tough Mudder event in Andover, NY. On **August 4 & 5**, test your limits with this ten mile event. Prepare to get muddy in a variety of 20+ obstacles including a 12 foot wall scale, arctic water swim, "electric shock therapy" (in which you must sprint across mud with live wires dangling overhead), and many more. Buy a ticket before August 3 at toughmudder.com.



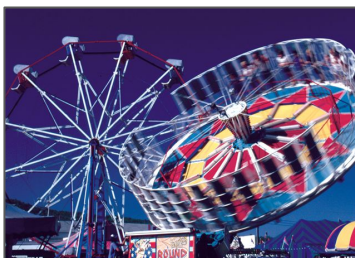
Monarch Festival

Monarch butterflies are becoming endangered; come celebrate them on **August 5** in Steuben Square, Hornell, NY from 10:00-2:00. There will be sessions to learn about how to help save the butterflies. There will be face painting, live music, a costume contest, a farmers market, and even a 5k at 12:30. You will also be able to adopt a caterpillar to release into the wild once it becomes a butterfly! For more information check out the Monarch Festival Facebook page



Allegany County Fair

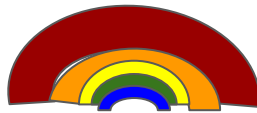
The Allegany County Fair in Angelica, NY, is a great event to go to in the summer. There is so much to do from looking at animal exhibits and historical trains to watching live music and a demolition derby. They also have a variety of amusement rides, food stands, and local vendors. Come have a great time at the fair this summer from **August 16-21**. For more information visit alleganycountyfair.org.



Bow Hunting Festival

Swain Resort is hosting the 9th annual Bow Hunting Festival this year from **August 24-26**. There is an archery competition and several shooting ranges. There is also a kids course, balloon shoot, and potato cannon. Along with these events, spectators may also ride the chair lift. Also be sure to check out the Archery Contortionist Bella "BoBella" on Saturday. You may register on arrival, but for more information visit swain.com.





Darien Lake Summer Concerts 2018

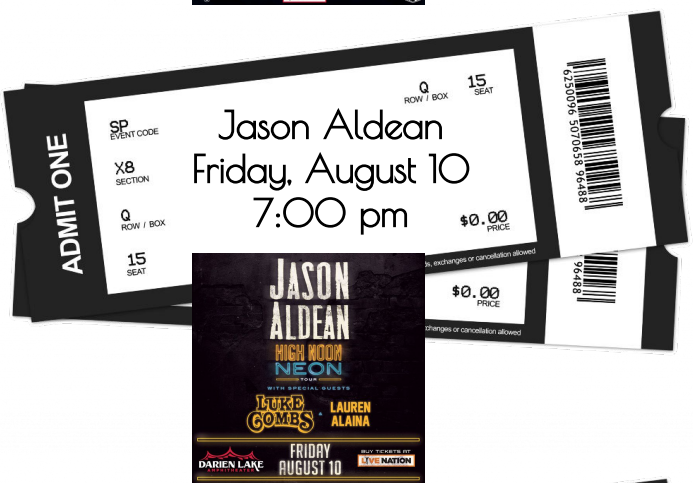
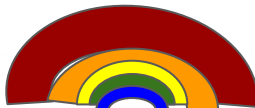
By Veronica Morsman Design Manager

Here are some of the upcoming concerts at Darien Lake Amphitheater this summer!
Click [here](#) for tickets!



All images from [darienlake.com](#)

Click [here](#) to see a complete list of 2018 summer concerts at Darien Lake Amphitheater.



All images from darienlake.com



Summer 101

By
Zoey Kays
Staff Writer

I know I hate being stuck inside on a hot summer day, but some of us find it very hard to get out of our cool, air-conditioned homes. This usually leads to being bored with nothing to do other than eat, play Fortnite, watch Netflix, etc. Well frankly, after almost six months of winter, I think it's time to throw those old typical winter activities out the door and prepare for some fresh air. It's time to get wet, take long walks with our dogs, and have fun with our friends.

-Summer Activities-

I hate when I feel sweat on myself in the summer, so I gathered some activities ahead of time to help you and your pals cool off. Hopefully this will also eliminate the on-going conversation of:

"What do you want to do?"

"I don't know, what is there to do?"

"I don't know." and instantly create many memories, instead.

1. Have a water balloon fight

Grab a few friends, fill up some water balloons, and let out some tension you may have been holding in all school year with a friendly water balloon fight.

2. Run through a sprinkler

Next time you're watering your grass or flowers, throw on a bathing suit and run through the cool water. Remember it's not about who's watching you embrace your inner six year old, it's about having fun.

3. Have a slip and slide race

Create two separate teams and create a relay system with [slip and slides](#). To make the race more intense, add a prize for the winning team.

4. Go on a hike and find a swimming hole

Throw on some old sneakers and Google where swimming holes are. You can also head up to [Stony Brook State Park](#) and hike and swim all day for exercise and some good old fashion fun.

5. Have a water gun fight

Growing up with two brothers, I loved when we would whip out the Super Soakers. It's so much fun to go full combat mode and wreck your friends with water guns.





These hacks aren't ways to make the perfect hot dog, but ways to cool off an actual heated canine. Not only do we need ways to cool off and have fun, but so do our furry friends. Here are some hacks to keep your doggo safe from nasty bugs, and from overheating in the summer.

1. ***Make icy summer treats***

Grab an ice tray, add chicken broth and apple slices, freeze the ice, and give them to your dogs for the best summer treat they will be forever thankful for.

2. ***Make a big ice lick***

Gather your dogs favorite toys, some chicken broth, water, and mix them all together. Then dump the liquid (including the toys) in a cake mold. Allow the liquid to freeze for a giant pup popsicle.

3. ***Easy tick removal***

According to Fox News, this summer is calling for an explosion of ticks. For easy removal of a possible tick on your dog, simply put a glob of liquid soap on a cotton ball, and swab the tick with the cotton ball for a few seconds. The tick will remove itself from your dog and will be stuck to the cotton ball.

4. ***Check for hot pavement***

Place the back of your hand on the pavement; if you can't hold your hand there for five seconds, it is too hot to walk your dog. Don't forget, they don't have shoes like we do.

5. ***Make a cooling vest***

Using old cargo shorts, you can make a doggy cooling vest. After constructing the vest, you can make the vest wet and fill the pockets with ice or ice packs. For directions on how to make the vest, click [here](#).

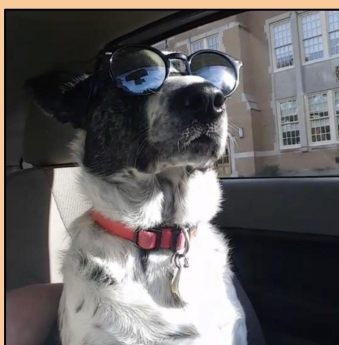
Who's A Good Boy?



Buddy

Buddy is the protector of the Kays' household, and also a champion in the game of fetch.

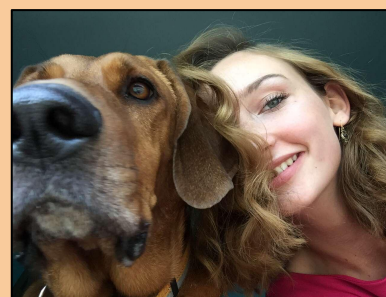
*Photo courtesy of:
Zoey Kays*



Chief

Chief is a stubborn dog, with nothing but love to give.

*Photo courtesy of:
Chase St. George*



Rosco

Rosco is a hyper, snuggly dog that loves attention.

*Photo courtesy of:
Chloe Muhleisen*



For some of us, this is the last summer together with friends we've known our whole lives. Most of us have the expectation to spend every last second together. Here are some fun ways to create memories you'll never forget.

1. *Go camping*

Spend some time together sitting around a campfire, singing a campfire song, that C-A-M-P-F-I-R-E S-O-N-G song. Make s'mores, share some funny stories, and just have fun. (See Jessie's article for fun twists on the classic recipe on page 33)

2. *Go to an amusement park*

Have one last thrill with your pals. A tip of advice is to go with an even number of people. Most rides are double seaters, and no one should feel left out.

3. *Go to a drive-in movie*

Whether this idea is for your significant other or your friends, drive-in movies are always fun. Some drive-ins have other things to do also, such as putt-putt golf. The closest drive-ins are in [Avon](#), [Elmira](#), [Perry](#), and [Olean](#).

4. *Go on a road trip together*

Going on a road trip doesn't necessarily mean you have to drive across the country. Go to Rochester, or maybe even Buffalo. Maybe just throw random cities in a hat and blindly pick one. No matter what, there is guaranteed fun.

5. *Stay up all night and watch the stars*

This might seem a little girly to some, but cuddling up with blankets and a fire watching the stars sounds awesome to me. You can also camp out in the back of a truck or on a trampoline. You might want to check the weather forecast though, because this wouldn't be fun on a cloudy night. To see more stars, find a super dark place to eliminate all light pollution.





The Run-Down

Since we are big fans of eating a lot of pizza, we took it upon ourselves to review many of the fine pizza restaurants of Alfred and Hornell. These rankings represent solely the opinions of the individual reviewers and not those of the *Observer* nor our school district. Also, for our convenience, we only considered establishments that serve single slices. Please keep in mind the scores on this page and on the next one are completely separate from one another. This page is a borda count while the next page is arbitrary.

Quick Rankings

The Pizza Review

By Joshua Carstens, Bee
#2.253; Design Bee

Featuring pizza enthusiasts
Brady Holmok and Kyler Kress

Little Sicily 933 NY-244, Alfred Station, NY

Food Hospitality
17 + 17

Total points
34

Duke's 38 N Main St, Alfred, NY

Food Hospitality
11 + 16

Total points
27

Little Italy 7498 Seneca Rd N, Hornell, NY

Food Hospitality
16 + 5

Total points
21

Giovanni's 119 Seneca St,
Hornell, NY

Food Hospitality
10 + 11

Total points
21

Wegmans 1000 NY-36,
Hornell, NY

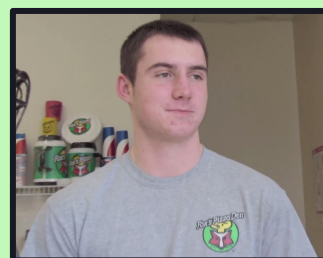
Food Hospitality
4 + 10

Total points
14

Pizza King 194
Main St, Hornell, NY

Food Hospitality
5 + 4

Total points
9



The reviewers wish to acknowledge Observer staff alumnus Noah Holmok for being a deciding factor in Duke's hospitality ranking.

Photo courtesy of Jessica Matteson



Duke's Main Street Pizza



J: "Duke's tends to have really nice crust bubbles."

B: "I could eat six of those."

K: "We got a nice thick crust on this one."

\$2.50/slice

Josh 4/4.5 Brady 3.2/4 Kyler 6.5/8.5

Giovanni's



J: "The cheese has a bit of a pull, but that's not bad."

B: "There's some stuff in there that I don't even know, which I kind of like."

K: "The crust is good, probably one of the better crusts."

Josh 14/17 Brady 6/8 Kyler 98/120

\$2.40/slice

Little Sicily



J: "Definitely a bit more crunch."

B: "The sauce:cheese ratio, one could say almost perfect... The crust has a nice smell to it."

K: "Noted the pepperoni slices are fresh."

\$2.25/slice

Josh 234/279 Brady 6.8/7 Kyler 178/194

Wegmans



J: "I hate rating Wegmans pizza lowly, but this pie is somehow way below room temperature."

B: "I could use more cheese."

K: "I tend to enjoy Wegmans pizza, and I can taste good flavor, but I hate cold pizza."

Josh 1/2 Brady 4/8 Kyler 17/29

\$3.00/slice

Pizza King



J: "This holds itself up when you pick it up... It definitely feels like I'm getting past something."

B: "It's a crunchy crunch-ball of crunchiness."

K: "There were eight dudes staring at us the whole time from behind the counter."

\$2.59/slice

Josh .03/.05 Brady 4.5/10 Kyler 3/7.5

Little Italy



J: "The overflow of cheese remains manageable."

B: "The crust is very airy; it's a good crust... You can tell they put some garlic butter on it."

K: "Pepperoni rating: Definitely best pepperoni. They always put extra cheese on the top, too."

Josh 45/49 Brady 8.3/10 Kyler 23/27

\$2.19/slice



Get the Scoop on Ice Cream

By: Emily N. Technology Advisor

Everyone loves ice cream, especially during the summer. Here are some fun facts about ice cream:

1665

The first ice cream recipe was discovered in a 1665 recipe book.

It takes 50 licks to get through a scoop of ice cream, according to icecream.com.



87%

87% of Americans always have ice cream in their freezer.

The average American consumes 48 pints of ice cream every year.

48

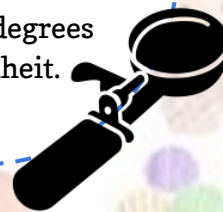
There's a fruit that grows in Hawaii that tastes like vanilla ice cream. The fruit is called inga feuillei, but people from Hawaii call it the ice cream bean.



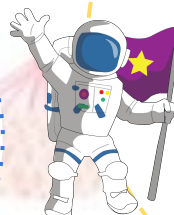
Chocolate came before vanilla. Chocolate ice cream was made for the first time in 1692, vanilla was invented in the 1780s.



The perfect temperature for scooping ice cream is between 6 and 10 degrees Fahrenheit.



Astronaut ice cream (freeze dried ice cream) has never actually been to space. The freeze dried ice cream is dry and crumbly and fear that it would get into places that it shouldn't due to zero gravity never allowed it to go to space.



10.1

The tallest ice cream cone ever is from Norway; it was made in 2015 and was 10.1 feet tall.

Cows make enough milk each day to make two gallons of ice cream, that's 730 gallons of ice cream per year, per cow.





I asked a few people around school what their favorite/dream ice cream sundae would be and this is what they said:

Nora L.: a layer of cookie cake on the bottom (chocolate chip), straight up one scoop cookie dough, one scoop mint (giant scoop), hot fudge, hot caramel, a whole measuring cup of rainbow sprinkles, whipped cream only on mint side, another measuring cup of sprinkles (chocolate), teddy grahams (cinnamon), an oreo, one cherry, cotton candy, pop rocks

Lindsey A.: caramel everything , salted caramel ice cream, caramel all over, cherry on top, caramel sprinkles

Mrs. Kuhn: vanilla ice cream, peanut butter, peanuts, and a cherry

Vianna K.: vanilla ice cream, caramel sauce, m&ms, oreos

Matt I.: peanut butter oreo ice cream, hot peanut butter, hot fudge



There are the well-known ice cream flavors like vanilla, chocolate, cookies and cream, etc., but did you know that there are weird flavors like horseradish and lobster? There are many more, but this is what some are and where you can find them:

Horseradish: Max & Mina's - Queens, NY

Lobster: Ben & Bill's Chocolate Emporium - Bar Harbor, MI

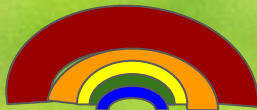
Pear with Blue Cheese: Salt & Straw - Portland, OR

Fig and Fresh Brown Turkey: I1 Laboratorio del Gelato - NYC

Wasabi Pea Dust: Big Gay Ice Cream - NYC

Avocado with Mint and Sour Cream: Creole Creamery - New Orleans, LA





A TWIST ON S'MORES

By: Jessie Matteson
Editor in Chief/Queen Bee

Pack your bags, get some snacks, and grab your sunscreen, summer is (almost) upon us! It's time to go outside and have some fun with family and friends. Take advantage of this new season by making and eating some delicious s'mores with those you love. Instead of making the traditional graham cracker, marshmallow, and chocolate varieties, you should try some of these amazing twists on the classic that leaves you wanting s'more.

THE ELVIS S'MORE



Ingredients: Graham Crackers, marshmallows, banana, peanut butter, and bacon (optional)

Directions:

1. Break a graham cracker in half.
2. Smear two teaspoons of peanut butter on one half of the graham cracker.
3. Cut your banana into very thin slices and place one piece on top of the peanut butter smeared cracker.
4. Put a small piece of bacon on top of the banana.
5. Roast a marshmallow over the fire until it's golden brown. Place this marshmallow on top the bacon/banana.
6. Close the s'more with the other half of the graham cracker.

Ingredients: Your favorite candy, graham crackers, and marshmallows.

Directions:

1. Break a graham cracker in half.
2. Place your favorite candy, such as a kit kat, on one half of the graham crackers.
3. Roast a marshmallow over the fire until it's golden brown.
4. Close the s'more with the other half of the graham cracker.

THE CANDY S'MORE

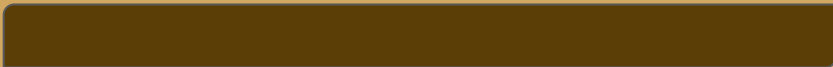




Ingredients: Oreos or thin mints (maybe even both!), marshmallows, and chocolate

Directions:

1. If using an oreo, take the cream out of the center, if you have thin mints, just take two out of the package.
2. Put a piece of chocolate one of the cookies.
3. Roast a marshmallow over the fire until it's golden brown.
4. Place the marshmallow on top of the cookie with chocolate, and close it with the other half.



Ingredients: Strawberries, blueberries, waffle wafers, marshmallows, sugar, and chocolate

Directions:

1. Take a pint of berries, put them in a bowl, then cover them with 2 cups of sugar. Put the bowl in the fridge overnight to have the berries absorb the sugar, which will result in them having some jelly like juice around them.
2. Place a chunk of chocolate on top of a waffle wafer.
3. Put 2-3 teaspoons of the candied fruits on top of the chocolate.
4. Roast a marshmallow over the fire until it's golden brown.
5. Close the marshmallow over the berries using another waffle wafer.





Ingredients: Nutella, graham crackers, marshmallows, and chocolate (optional)

Directions:

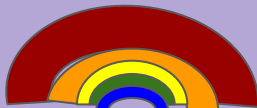
1. Break a graham cracker in half.
2. Spread two teaspoons of nutella on one half of a graham cracker. If you want, proceed to place a small piece of chocolate on top of the spread.
3. Roast a marshmallow over the fire until it's golden brown.
4. Take the other half of the graham cracker, and smoosh the marshmallow into place.



Ingredients: Oreos or thin mints (maybe even both!), marshmallows, and chocolate

Directions:

1. Preheat oven to 350 degrees Fahrenheit.
2. Place chocolate on the bottom of a glass pan, and cover it with marshmallows.
3. Bake in the oven until the marshmallows are golden brown. This should take 5-10 minutes.
4. Take some graham crackers out, and scoop up some of the dip with the crackers, once it's cool. Don't double dip!



Shining Light on the Dark Side of the Moon

By

Chloe Muhleisen

Copy Editor



Theories surrounding the moon and its different phases have been debated for many years. Although many can be debunked as just rumors, there are some interesting and compelling facts that have been discovered about the moon and how it affects people. One of these theories include the “lunar lunacy effect,” or the “Transylvania effect.” Many theories about the moon were created and developed by Greek philosophers such as Aristotle and Pliny the Elder.

Although one may suggest that the Transylvania or lunar lunacy effect has something to do with being bitten by a vampire and turning into a blood sucking bad guy, they would be wrong. This theory is based on how the moon affects human behavior. The word “lunatic” itself was created as a result of the belief that people go through behavioral changes when the full moon is at its peak. Many believe that the full moon provokes odd

behavior, more admissions to psychiatric hospitals and emergency rooms, car accidents, suicides, homicides, and dog bites. In 2007, several police departments in the UK added more officers for full moon nights. The lunar lunacy effect states that changes in behavior occur most when there is a full moon.

Some may wonder where this belief stems from. Philosophers such as Aristotle and Pliny the Elder speculated that the full moon’s effects on behavior happen because of its influence on water. The human body is about 80 percent water, which is why these philosophers theorized that the moon affects people by disrupting the water molecules in the nervous system. This theory has been proven false by today’s scientists. In reality, the gravitational pull of the moon is far too small to affect brain activity.

The myths surrounding werewolves and mythical creatures coming to life at a full moon’s peak arose because of heavy influence in the media. Hollywood’s portrayal of werewolves and knife-wielding killers created a culture of horror and bad feelings surrounding the full moon. The idea of men changing to wolves during a full moon originated from folklore and stories in Native American culture.

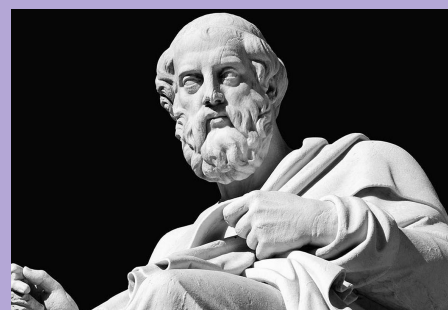
The behavior of animals during the full moon is at times unusual and can also explain the beliefs that many have surrounding

how the moon affects people. In Northern regions of the United States, the brightness of the moon during the summer months creates the illusion of constant daylight for some animals, which breaks them from their normal sleeping patterns. As a result of this, their sleep deprivation causes them to act unusual. The bright light from the full moon also encourages people to stay awake longer which can cause insomnia and unusual behavior.

The extensive ideas and theories that surround the full moon and the effects it has on people can be summed up by the Transylvania Effect or the lunar lunacy effect. Although these theories have been studied and pondered about for years, there is no substantial evidence to prove that they are true. The magical powers of the full moon are just as credible as the belief that there are aliens floating around somewhere in space: the truth is, there will always be curiosity surrounding these subjects.

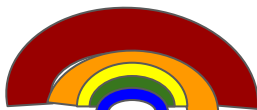


Werewolf of London Movies such as this classic made in 1935 have been influencing spooky feelings surrounding the full moon. The truth is much less startling. *Photo from top10hq.com*



Thoughts about the moon Aristotle is just one of many philosophers that created theories about the moon. He believed the brain was affected by its gravitational pull. *Photo from headwaynews.org*





The Beautiful Game

The 2017-18 seasons have ended for Europe's 32 professional soccer leagues. This year's top five leagues: Premier League (England), La Liga (Spain), Ligue 1 (France), Serie A (Italy), and Bundesliga (Germany) have left memories of incredible records, club legends leaving, and fantastic new talent.

England

This Premier League season was all Manchester City's from the start after beginning the season with a 33 game unbeaten streak. They finished the season in first place with the biggest margin from second place ever (19 points above Manchester United). Man City's streak was ended in a dramatic 3-4 loss to Liverpool, which brings us to the next most impressive thing of the season: an Egyptian player by the name of Mo Salah. Mo Salah was signed this summer from Roma and completely dominated with Liverpool. He was named Professional Football Association's player of the year and won the English Golden Boot with 32 and second place in the European Golden Boot race losing only to Lionel Messi. With 32 goals in 36 appearances it was one of the most incredible breakthrough seasons ever. The top five teams in the Premier League table are Man City (1st), Man United (2nd), Tottenham (3rd), Liverpool (4th), and Chelsea (5th).



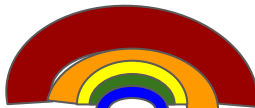
Germany

Bayern Munich displayed pure dominance for the sixth year in a row. Striker Robert Lewandowski won the German golden boot with basically no competition as he scored 29 goals in 24 appearances. The closest person to him in the race was Nils Petersen with 15 goals. Bayern finished the season with 84 points, 19 points above Schalke in second place. This season wasn't solely about Bayern's success though. It also included a relegation (removal from the league to a lower level) for a team that has been in the Bundesliga. Hamburg SV has been in the Bundesliga for 55 years and, after such a long run, they have been sent down to compete in Bundesliga 2.

Club

- 1  Bayern
- 2  Schalke 04
- 3  Hoffenheim
- 4  Dortmund
- 5  Bayer






Spain

La Liga was all about Barcelona this season as they broke La Liga's unbeaten record with an outstanding 38 games in a row without a loss. The historic run was finally ended with an incredible 5-4 loss to Levante. They finished with 93 points on the top of the table, for the seventh time in 10 years, 14 points above second place Real Madrid. Barcelona star, Lionel Messi, finished the season with the most goals (34) and assists (12) in the league while also holding the European Golden boot (most goals of anyone in Europe) for a record five times. Barcelona also sealed the double, two major trophies, by beating Sevilla 5-0 in the Copa Del Rey Final. Andres Iniesta will be leaving Barcelona after more than 20 years with the club and three years as captain. He started as youngster on Barcelona B moving to the first team after three years and has been with them ever since. In this time he has contributed to 32 trophies in that time and developed himself as one of the best midfielders of all time. He won a historical two trebles with Barcelona (winning la liga, copa del rey, and champions league) and is the most decorated Spanish soccer player of all time. He will be heading to Japan this next year to play for Vissel Kobe.

Club

1  Barcelona

2  Atlético Madrid

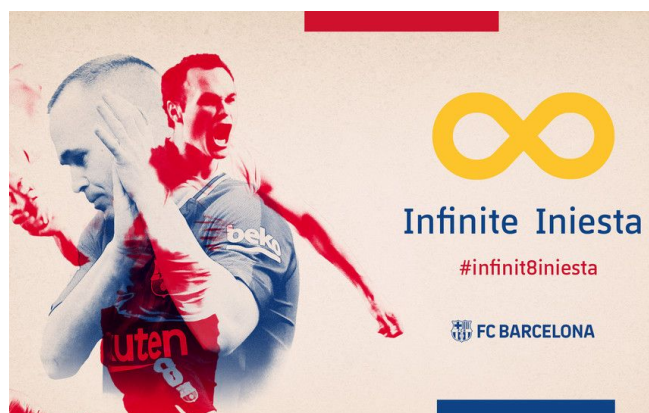
3  Real Madrid

4  Valencia

5  Villarreal



LaLiga





Italy

Juventus has been in control of Italian soccer for seven years, generally winning by upwards of ten points in the table every year. This year was different. Juventus trailed for a majority of the season to an extremely competitive Napoli. It was the final week of the season and it was still neck and neck, but the title was yet again clinched by Juventus after a 3-1 win against Bologna while Napoli drew with Torino 2-2. Juve finished the season with 95 points, making Napoli the first team to ever get second place with 90+ points, finishing the season with 91. The season was also a big one for Inter's Mauro Icardi as he tallied 29 goals in 34 appearances, and Lazio's Ciro Immobile tallying 29 goals and nine assists in 33 appearances. Goalkeeper Gianluigi Buffon will be leaving Juventus after 17 years with the Italian Giant. He will be leaving after breaking almost every record a Goalie can obtain. He won 23 trophies with them and was the first ever to win nine Serie A titles - the most clean sheets in a single Serie A season with 21, twice. It is still undecided where he will be going, but the 40 year old Italian legend has been linked to Liverpool and Paris Saint Germain.

Club

1  Juventus

2  Napoli

3  Roma

4  Inter Milan

5  Lazio



France

For the past four seasons Ligue 1 has been the Paris Saint-Germain (PSG) league, and this season was no different. PSG took home every domestic trophy possible. After this year's record signing of Neymar from Barcelona for \$222 million and the signing of Kylian Mbappe from Monaco for \$166 million, PSG was ready to show off their offense and they did just that; Neymar scored 19 goals with 13 assists in 20 appearances, and Mbappe tallied 13 goals and eight assists, while Cavani scored 28 goals and six assists. Cavani also broke PSG's all time goal scoring record with his 157th goal. PSG won the league 13 points above Monaco winning Ligue 1 for the fifth year in a row.

Club

1  PSG

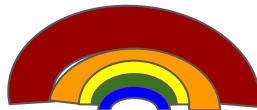
2  Monaco

3  Lyon

4  Marseille

5  Rennes





JORDAN OR LEBRON?

You have probably heard the debate about who is the greatest NBA player of all time, Michael Jordan or LeBron James? This topic has been coming up a lot lately with LeBron James' recent amazing play in the 2018 playoffs. He has put up numbers that are unbelievable at his age of 33 in his 15th season that cannot be overlooked. But, Jordan was an unblemished 6-0 in the finals and performed with similar playoff numbers.

It's beginning to seem like people from this generation are leaning more towards LeBron James over Michael Jordan because they never got to really watch MJ play, they have only been able to watch his highlights and see his stats. With star players like Kevin Durant, Kobe Bryant, and all of the other big name players that LeBron has competed against, he has indeed faced great competition. The NBA play has also changed over the years since Jordan ruled it. It has turned into a much more 3-point oriented league. Since LeBron entered the league, he has climbed his way to the top in almost every stat category. He is seventh all-time on the scoring list, ninth all-time in free throws made, 11th in

By: Matt Ingalls
Staff Writer



The Great Debate
Who is Better??

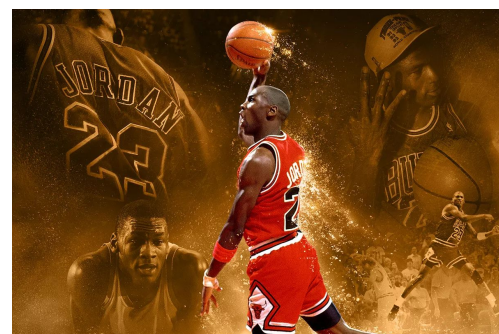
Photo from theringer.com

assists, and 16th in steals. His playoff stats are even more impressive: he is first all-time in scoring, seventh in rebounds, third in assists, and first in steals. He is also 15th in blocks in the playoffs, which is very impressive for a foreword to accomplish.

When Michael Jordan entered the league in 1984, he also had to compete against great players like Larry Bird and Magic Johnson. He was able to dethrone all of the previous stars and rule the league during his historic career. Jordan went to six NBA finals, and he was undefeated in those series. Jordan also has impressive spots on the all-time stat list, but his most impressive feat is his unblemished finals record of 6 and 0. Many people think that Jordan is still superior over James because of his clutch play when his team needed it. Jordan has a total of 25 buzzer beaters, showing his late game play was stellar when they needed it to be.

Another argument that is made is that Jordan played with better players than James has. No doubt Jordan played with some of the best on his teams, but James has as well. Players like Dwayne Wade and Kevin Love are most likely going to be hall of famers when their careers are over.

This debate will never be completely answered because these two all-time greats will never step on the court together to find out who is more dominant. Whoever you think is better, there is still no denying that each of them are, and were, amazing NBA players that have put up numbers that are likely to be unmatched, whether it's Jordan's 6-0 finals record or LeBron's nine trips to the finals. These two players are much too different, and the game has changed between their careers. This is an incredibly difficult topic to tackle but, the choice is yours to make. Michael Jordan or LeBron James?



Jordan

Many say Jordan's play will never be matched.

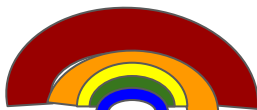
Photo from polygon.com



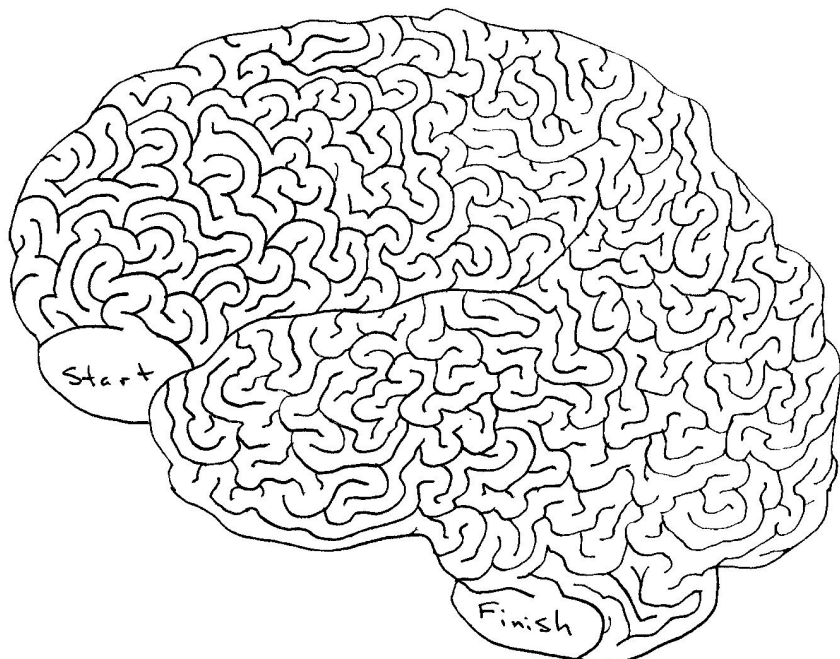
LeBron

Many younger people are on LeBron's side

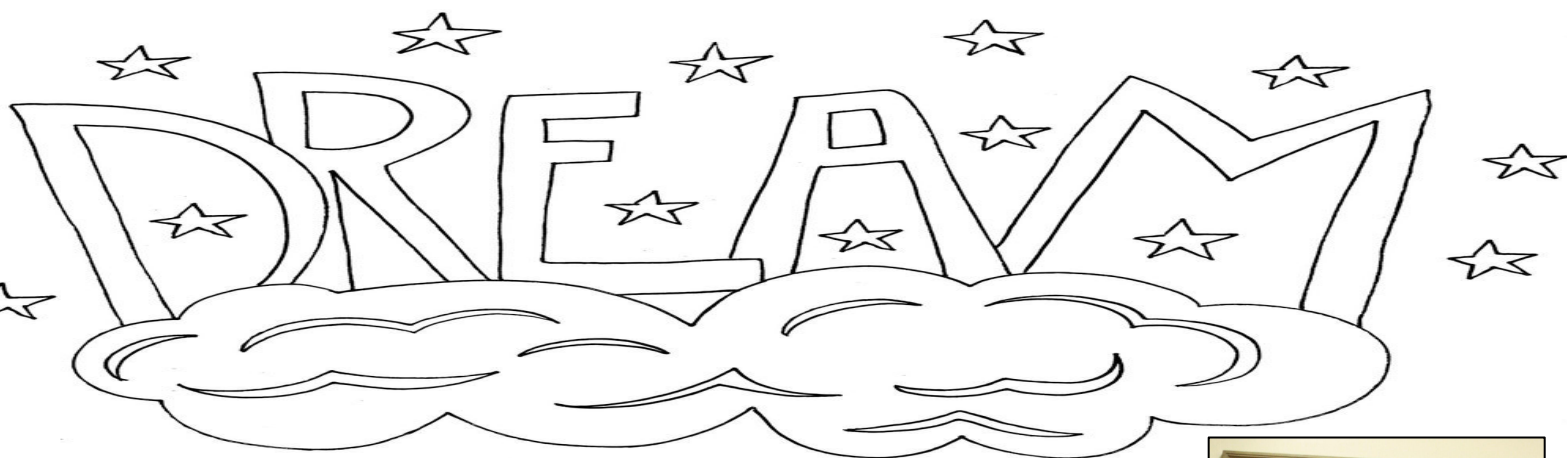
Photo from bestsportshots.com



GAMES PAGE



5	3			7				
6			1	9	5			
	9	8					6	
8				6				3
4			8		3			1
7				2				6
	6					2	8	
			4	1	9			5
				8			7	9



1	2		3
4			
		5	
6			

CLUES ACROSS

1. Sparking device (4)
4. River, running water (2)
5. Three-toed sloth (2)
6. Apartment (4)

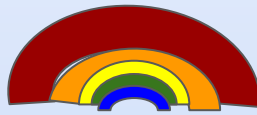
CLUES DOWN

1. Riches, money (4)
2. 6th note in sol-fa notation (2)
3. Way of walking (4)
5. Type of scoriaceous volcanic rock (2)

The mystery
staff
member
from pages
8-9 is...
Mrs. Kress!

*Photo courtesy
of Morgan
Giglio*





Acknowledgments

By Abigail Hendee
Editor in Chief

Thank you **Ms. Hatch**
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come into her room!

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-Duncan
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